

Ахмадиев Нуриддин Мухитдинович  
аспирант  
Ферганский государственный университет  
Узбекистан  
г. Фергана, ул. Мурабийлар, 19  
e-mail: [akhmadiyev1987@mail.ru](mailto:akhmadiyev1987@mail.ru)

Джураев Ислон Мамасодикович,  
преподаватель  
Ферганский государственный университет  
Узбекистан  
г. Фергана, ул. Мурабийлар, 19  
e-mail: [info@goldenpages.uz](mailto:info@goldenpages.uz)

### **Семейное чтение - ведущий фактор пропаганды нравственного воспитания молодежи**

**Аннотация:** В этой статье обсуждается роль семьи в воспитании молодежи и влияние духовной среды на зрелость молодого поколения. Подчеркивается, что семейное чтение, чувство любви к науке, модели воспитания детей и специфическое воспитание являются ключевыми факторами развития нравственной культуры молодежи.

**Ключевые слова:** семья, семейные ценности, национальность и гуманность, высокие человеческие качества, нравственное воспитание, чтение и просвещение, духовная зрелость.

Ahmadiev Nuriddin M.,  
Juraev Islom M.

### **Family reading -a leading factor in the promotion of youth moral education**

**Annotation:** This article discusses the role of family in the upbringing of young people, and the impact of the spiritual environment on the maturity of the younger generation. It emphasizes that family reading, a sense of love for science, parenting patterns and specific upbringing are key factors in the development of a youth's moral culture.

**Keywords:** family, family values, nationality and humanity, high human qualities, moral education, reading, and enlightenment, spiritual maturity.

**Introduction.**The family, the power of the state, the source of support, is the historical category, and the features of society are characterized by material and spiritual processes. Family is a small cell of society, an important part of the community. It is a social ethnic unit based on the natural-biological, legal and spiritual relations of people[1]. A family is a small social group based on a couple union and kinship, common household and spouses, parents and children, brothers and sisters, grandparents, the basis of society, the source of state power[2]. The functions of the family have had a powerful impact on the development of society. Particularly, the main factors of the social life are such important functions as family reproduction, labor, meeting the needs of its members, upbringing the younger generation and influencing its spiritual, moral and aesthetic perfection. Especially, the family has been the main link in the upbringing of young people. It is no coincidence that the family is the first and most important source of upbringing the young generation on the principles of morality, honesty, diligence, honesty, enlightenment and patriotism.

**The main part.**As we know, family prosperity depends primarily on the upbringing and perfection of children, and it encourages every citizen to feel a high responsibility for his spiritual development and to live up to his or her own interests. This is reflected in the feeling of love and affection for the family. First and foremost, it should be emphasized that the family is a mirror of the moral education of young people. Thereto, ethical culture is the social and spiritual traits that reflect one's own birth, place of birth, background, love and relationship to the country. This moral virtue is inextricably linked with a deep knowledge and understanding of national and universal aesthetic values and on this basis, enriching the worldview. At the level of the state policy in this regard is the spiritual heritage of our people, the revival and study of its sources, identification of the most important spiritual and ethnic aspects that enrich the universal essence of national culture, the development of large-scale communications in this area, the opportunity to learn about universal values, and the formation of a new generation of intellectuals, whose thinking is inspired by the spirit of independence. Thus, special attention was paid to the re-evaluation of spiritual life, moral values, and ideals of our people, enrichment of personal and social consciousness from the point of view of world outlook. In this case, the family was interpreted as a reference category. As researchers point out, the development of ethical culture of this period is not only common in finding ideological and aesthetic, but also creative, and in particular stylistic trends [3].

Today, it is always necessary for young people to develop a deeper understanding of such noble notions as love and devotion to the motherland and nation, based on the combination of national and universal values, as well as worthy succession to ancestors, historical memory, peace, stability, liberty and prosperity. The role of the institution of the family in shaping such supreme principles which will never lose their value is invaluable. Today, in every family youth are required to raise the feelings and edifications of our people, such as grandparents, examples of fathers, mothers' love, care for the country, care for its interests, devotion to ancestral heritage, respect for humanity, responsibility for the future. After all, if the homeland is not in love, it will be impossible to secure the personal interests of people, to speak their mother tongue, to be proud of national values, to maintain the traditions of ancestors and to develop family relations. Therefore, young people should not imagine their interests without the fate of the Motherland, the values and aspirations of our people. Of course, the national values inherent in our people are formed in the perfect family environment.

In this sense, family is the main source of formation, improvement, and most importantly, continuation of values. National values encourage family members to self-discipline, follow traditions from their ancestors, and as a result, the social activity of family members increases as they begin to strive for creativity in their activities. Upbringing young people in such a way that they are mature, spiritually pure, physically strong and, of course, morally mature depends on the level of their family life and thinking and the adults of the family should perform the ideal function in these processes. As the first President Islam Karimov noted in his book, "High Spirituality - An Invincible Force", "as we look at the history of our people, all of the most valued traditions, such as honesty, honor, shame, kindness, diligence, all human qualities are formed first and foremost in the family"[4].

The family is the creator, the keeper and the bearer of our values in the community. It is well known that the highest manifestation of national and universal values, the pursuit of such noble human qualities as morality, peace, goodness, beauty, truth, freedom, equality, justice, friendship, patriotism, have been common in all countries. Today the main task of the family institution is to ensure that young people strive for such high values and fit their needs, interests and aspirations. "Today moral education in our country has gained new meaning thanks to the re-discovering of our spiritual values. The notion of a person's moral culture is shaped by the ethical experience of a society and its rich traditions"[5]. This also shows that significant progress has been made in educating young people and preparing them for the great future.

The main task of the family is to teach the history of the parents, national traditions, great scientific and spiritual heritage of their ancestors and parents, to bring up children as reliable,

intelligent, strong, educated and well-behaved. Bookishness, which plays a key role in the family environment, is important not only for the education of children, but also for their future.

Today the war of ideologies that is gaining momentum all over the world is encouraging the younger generation to do more to enrich the minds of the younger generation without having any gaps in it. It should be noted that Uzbekistan is following a strong and reliable path. The concept of "High Spirituality", created in the years of independence, set the goal of striving for perfection from ancient times.

We need spirituality for the realization of such noble goals as building the great future of our country, not fearing and solving the big problems facing us, protecting our independence, seeking and working with a deep understanding of national ideas and foundations, the preservation of centuries-old traditions and universal values in our lives. Spirituality is the basis of enlightenment. It is impossible to imagine them separately. That is, enlightenment is the path that leads to spirituality. It is an enlightenment that we have today - a weapon against terrorism, religious extremism, human trafficking, and ignorance that poison our lives, poison our minds, and destroy our people's hope for tomorrow. Keeping this fact in mind, the issue of equipping young people with spiritual and enlightenment is a pressing issue today. Teaching young people of faith, intelligence, willpower, knowledge and wisdom, and the preservation of the history, national values and the scientific and spiritual heritage left by their great ancestors, should be carried out gradually both during and after puberty.

It is important to remember that a person does not automatically become an enlightened person. Skills on the protection of the human mind have also evolved over the years. To do this, we need to rely on the life of intelligent, educated people, the spiritual heritage of great grandfathers, the most sincere and rare source of salvation that a person can have. Scientists do not accidentally say that if people stop reading, they may stop thinking. Failure to read books leads to inevitability in life, illiteracy and ignorance. This, in turn, causes indifference, thoughtlessness, and spiritual poverty. Such people may fall into the trap of wicked, destructive ideas. It is also important to remember that not every "book" that looks like a book will enlighten and alienate you from ignorance. This requires us to be careful again and again.

If science is the cause of the prosperity of the country, ignorance is the cause of its destruction and, of course, lack of spirituality. Highly enlightened, educated generation will definitely win, and they will brighten the future of the country.

At the heart of every reforms being implemented in our country, we feel, first of all, the great interest of our people, especially the younger generation, their bright future. Especially, it is worth noting that the efforts to create a reading environment in our country, to promote the literary character of our people, to raise the young generation in love with books and reading are worthwhile. Decrees and resolutions of the head of our state Sh. Mirziyoyev in this area coincided with the dreams of our people. It is no secret that today's thinking and outlook of young people are growing, and our children are striving to become more educated and gain a better knowledge of the world. The fact that, along with the great works of Uzbek writers on national and universal themes, the love of the masterpieces of world literature, the enrichment of their thinking and the inculcation of their noble qualities is a proof of the aspiration of our boys and girls to grow up expecting our country. First and foremost, the family reading environment, the love of parents and grandparents for reading is the basis for the development of spirituality and enlightenment in the hearts of the younger generation. At this point, if we look at the world's book treasure, we will find spiritual nourishment from these purple words: "Books are useful only when they lead a person to life and serve him. If the book does not provide the reader with a little effort, energy, and spiritual purity, every hour spent reading is worthless and ineffective.

Reading aimlessly is an exercise that forces you to concentrate, and reading only for fun is self-deception.

Life is short, at the end of it, no one is asked how many books they have read. Spending time for reading is not a sign of wisdom, isn't it? I mean, not only bad books, but a good quality of reading. Just like every step in life, the result is also expected from the learning. In order

to gain new strength from reading, you must first try and "lose" yourself to better understand yourself"[6].

The Decree of the President of the Republic of Uzbekistan dated January 22, 2017 "On the Program of Complex Measures for the Development of the System of Publishing and Distribution of Book Products, Increasing and Promoting Culture of Book Reading" has become an important basis for a significant increase in the number of readers. There is also a decision of the head of our state "On organization of reading competitions among young people for the purpose of wide study and promotion of creative heritage of great scientists, writers and thinkers". This decision is an expression of respect and reverence for our ancestors, an opportunity to preserve and read their works, and, on the other hand, an important historical document that teaches our people to read, a program that enhances the intellectual potential of our young people and makes them worthy successors. The decision recognizes that the resources of our great ancestors in many fields, such as mathematics, mineralogy, astronomy, chemistry, medicine, pharmaceuticals, are owned not only by our people, but also by the world community. Indeed, no matter what the discoveries made by any of our scholars, we can see that they still maintain their dignity among the people of the world today. For example, "The Canon of Medicine", book of Abu Ali Ibn Sina, translated by him has been the main guide in the field of medicine in both the East and the West for eight centuries. He had a great influence on the development of medicine in Europe. He gained a reputation in the world by the name of Avicenna. And Abu Rayhan Beruni's first discovery of the continent, the birth of Mirzo Ulugbek in astronomy was recognized as an invaluable contribution to world civilization.

**Conclusion.** It should be noted that the book requires a special work and worldview. A culture of reading is formed when there are diligence, perseverance, and inner passion. Reading is inherited from our ancestors. In the words of great people, children of the reader also love the book. It is often mentioned in our national values that the pillars of the so-called family should be a model for children in every aspect. This fact should be reflected in the attention to the book, which is the main factor of upbringing. After all, family reading is an important tool for the upbringing of children, raising the spirituality and enlightenment of the youth, an effective source for the formation and development of a healthy self-confidence in the youth.

#### References:

- 1 Tulenov. J Dialectics theory. -T: Uzbekistan, 2001. –P.320.
- 2 Spirituality is a dictionary of basic concepts. -T: Ma'naviyat, 2009. —P.956.
- 3 Ahmedova. E, Gabidulin. R. Culturology. World culture .-Tashkent: Academy of Arts. Uzbekistan, 2001. - P.252.
- 4 Islam Karimov. High spirituality - an invincible force. - Tashkent: Ma'naviyat, 2008. – P.108.
- 5 Usmanov N. The problem of moral consciousness and education. Collection. –Farghana, 2019. –P.16.
- 6 X. Hesse. Be a tough climber in reading. [www.khurshid-davron.uz](http://www.khurshid-davron.uz).